Add a Block Pillow Pattern



Finished Pillow Size: 20" x 20"

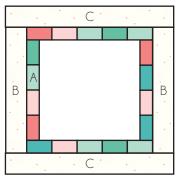
Fabric Requirements	
Center of Pillow	12" block of your choice
Patchwork Border	18 assorted print rectangles - 2" x 3 1/2"
Background Border	1/4 yard or 1 Fat Quarter
Backing	1/2 yard
Batting	24" x 24" piece
Lining for front if quilting	2/3 yard
Pillow Form	20" × 20"
Optional Pom Pom Trim	2 1/2 yards



@2025 Flamingo Toes Beverly McCullough flamingotoes.com

Add a Block Pillow Pattern

Pillow Assembly



Make 1 - Unfinished Quilt Block - 20 1/2" x 20 1/2"

Cutting:

Assorted Prints	A - 18 - 2" x 3 1/2" rectangles
Background Border	B - 2 - 3" x 15 1/2" piece C - 2 - 3" x 20 1/2" squares
Backing	2 pieces 14 1/2" x 14 1/2"

Assembly:

Step 1:

Sew two side border rows together using 4 of the 2" x 3 1/2" pieces in each row. Sew the pieces together end to end as shown. Make 2. Side rows measure 2" x 12 1/2".



Step 2:

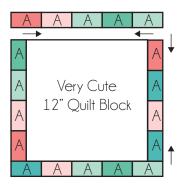
Sew two top and bottom rows together using 5 of the 2" x 3 1/2" pieces in each row. Sew the pieces together end to end as shown. Make 2. Top and bottom rows measure 2" x 15 1/2".



Make 2

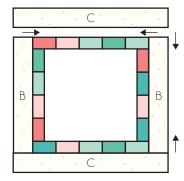
Sew the side border rows on the left and right sides of your chosen 12" block. Sew the top and bottom rows on the top and bottom of the block.

Block with pieced borders measures 15 1/2" x 15 1/2".



Step 4:

Sew the B background border pieces to the left and right sides of the block. Sew the C background border pieces to the top and bottom sides of the block. Pillow front measures 20 1/2" x 20 1/2".



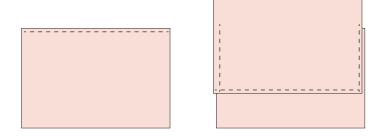
Step 5:

Layer together pillow front, batting and lining. Quilt as desired. Trim pillow front to 20 1/2" x 20 1/2".

You can also add cute trim here! Pom pom trim makes a great detail to the pillow. Sew the trim to the pillow top after quilting, with the pom poms pointing in towards the pillow center and lining up the edge of pom pom trim with the raw edge of the pillow. Use a 1/8" seam to sew on the trim.

Step 6:

Hem the bottom edge of one of the 14 1/2" x 20 1/2" backing pieces by turning under the raw edge twice and sewing along the inside folded edge. Hem the top edge of the other 14 1/2" x 20 1/2" backing piece. Layer together the two pieces so the piece with the bottom hemmed edge is on top of the piece with the top hemmed edge, overlapping the two pieces together so they create a 20 1/2" square. Sew a basting seam where the two backing pieces overlap, 1/8" away from the edge.



Step 7:

Place the pillow front and backing right sides together and sew around all four sides. Clip corners, turn pillow cover right sides out and press. Place a pillow form inside the cover and press again if needed. Show off your cute new pillow!