

# Pretty Patchwork Heart Pillow



Pillow Size: 24" x 24"

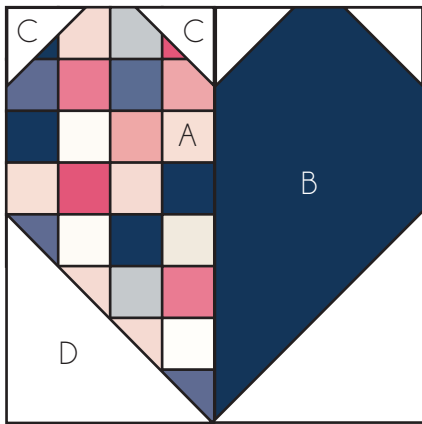
## Fabric Requirements

Background	1/2 yard - Riley White Solid
Patchwork Pieces	16 pieces 2 1/2" x 5"
Heart Fabric	8 1/2" x 16 1/2" piece
Border Fabric	1/4 yard
Pillow Back	2/3 yard
Batting	Batting Piece - 26" x 26"
Pillow Front Lining	Pillow Front Lining - 24" x 24"
Pillow Form	24" x 24"

Fabric on sample is made with South Hill fabric by Fran Gulick from Riley Blake Designs.

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## Heart Block Cutting and Assembly



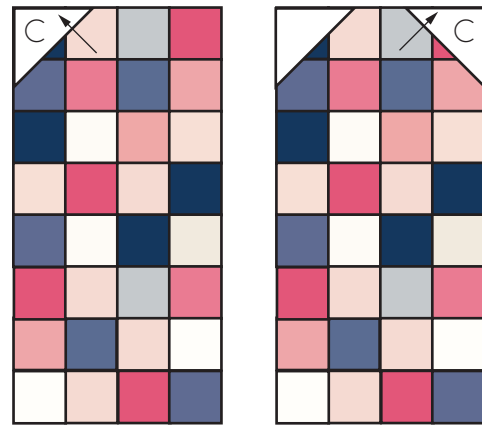
Please read through all instructions before assembling.  
All seam allowances are 1/4"

Make 1 - Unfinished Quilt Block - 16 1/2" x 16 1/2"

### Cutting:

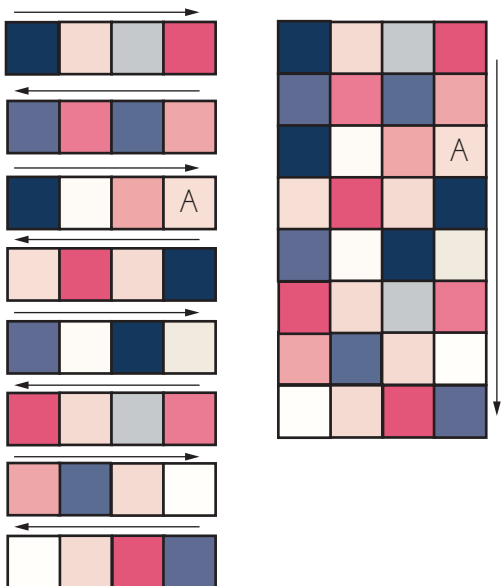
Patchwork Side of Heart	A - 32 pieces 2 1/2" x 2 1/2"
Full Side of Heart	B - 1 piece 8 1/2" x 16 1/2"
Background	C - 4 pieces 3 1/2" x 3 1/2" D - 2 pieces 8 1/2" x 8 1/2"

2. Draw a diagonal line on the wrong side of the C background pieces. Place one on the top left corner of the patchwork unit, right sides together, with the line aligned as shown. Sew on the marked line, trim 1/4" away from the seam, and press. Repeat with another C background piece on the top right corner, with the line aligned as shown.

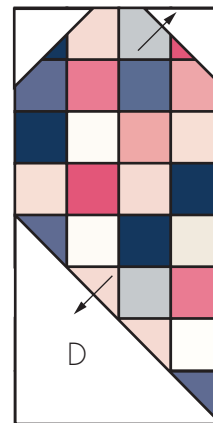


### Assembly:

1. Sew together the patchwork side of the heart, by sewing the A print pieces in 8 rows of 4 pieces each, as shown.



3. Draw a diagonal line on the wrong side of the D background piece. Place right sides together on the bottom side of the patchwork unit, with the line aligned as shown. Sew on the marked line, trim 1/4" away from the seam, and press.

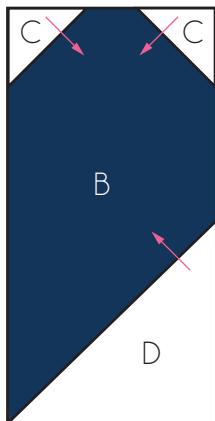


Tip:  
Use the trimmed pieces to make a cute patchwork half square triangle! :)

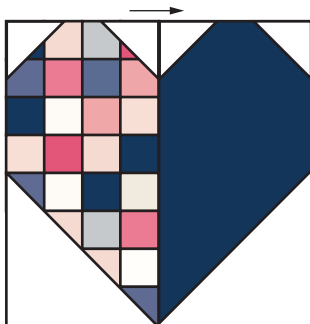
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## Heart Block Assembly cont:

4. Repeat Steps 2 and 3 with the B print piece, two C background pieces, and a D background piece. Turn the D background piece so the line is aligned as shown.



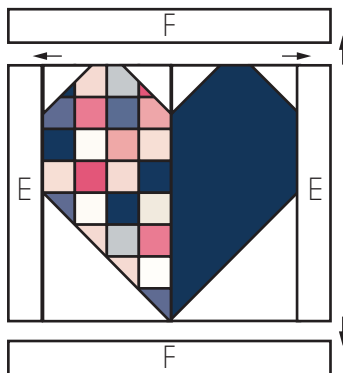
5. Sew the two heart sections together down the center seam, nesting the seams background seams to align the background pieces. Heart block measures  $16 \frac{1}{2}'' \times 16 \frac{1}{2}''$ .



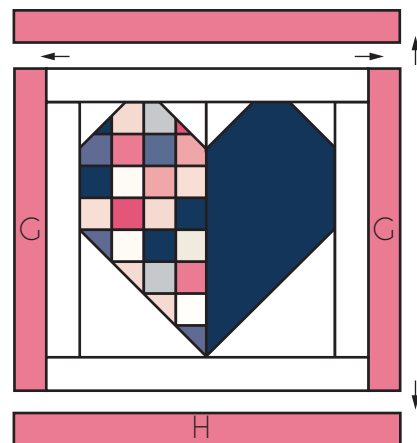
## Borders Cutting:

Background	E - 2 - $2 \frac{1}{2}'' \times 16 \frac{1}{2}''$ F - 2 - $2 \frac{1}{2}'' \times 20 \frac{1}{2}''$
Print Borders	G - 2 - $2 \frac{1}{2}'' \times 20 \frac{1}{2}''$ H - 2 - $2 \frac{1}{2}'' \times 24 \frac{1}{2}''$

6. Sew the E background pieces to the left and right sides of the heart block. Sew the F background pieces to the top and bottom sides of the heart block.



7. Sew the G print border pieces on the left and right sides of the pillow top. Sew the H print border pieces to the top and bottom sides of the pillow top.



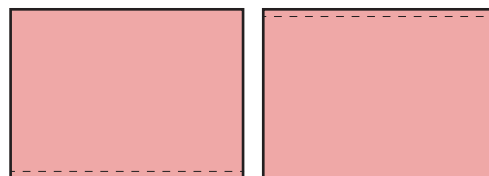
8. Using a Baby Lock Sashiko Machine, stitch around the heart and inside the border,  $\frac{1}{4}''$  away from the seams. You can also do this with embroidery thread and a running stitch by hand.

9. Layer together the pillow front, batting and pillow front lining. Quilt as desired.

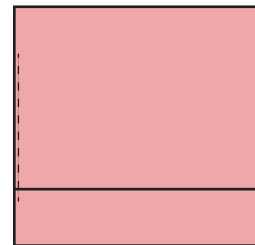
## Pillow Back:

Pillow Back	2 - $18'' \times 24 \frac{1}{2}''$
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10. Hem one of the pillow back pieces by turning the bottom edge under  $\frac{1}{4}''$  to the wrong side, then another  $\frac{1}{4}''$ . Sew just inside the folded edge. Repeat with the other pillow back piece, but hem the top edge.



11. Overlap the two back pieces so the piece hemmed at the bottom is on top of the piece hemmed at the top. Both should have right sides facing up, and they should overlap to form a  $24 \frac{1}{2}''$  square. Baste along the sides where they overlap,  $\frac{1}{8}''$  from the raw edge.



12. Place the pillow front right sides together with the pillow back. Sew around all four sides of the pillow. Clip each corner and turn right sides out. Press.

14. Place pillow form inside the pillow cover and adjust so the pillow form fits in evenly.